



*ACADEMY OF PROFESSIONAL  
NATUROPATHS AND NATUROTHERAPISTS*

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## **TAILORED COURSES**

### **AROMATHERAPY**

**200 HOURS**

Aromatherapy is defined as the use of essential oils for preventive, curative and well-being purposes. It is in this purpose that this course will make you discover the wonderful world of essential oils. It will allow you to know the therapeutic properties of different essential oils as well as their mode of use in a safe way.

#### **Aromatherapy**

- Introduction to aromatherapy
- The biochemicals family
- Vegetable oils as an excipient
- Essential oils
- Cooking with essential oils

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**1 500,00\$**