



TAILORED COURSES

HYDROTHERAPY

15 HOURS

Hydrotherapy is an approach that combines different therapies or methods that use water in their treatments. Hydrotherapy treatments take advantage of the physical properties of water (temperature and/or pressure) for therapeutic purposes.

In this course you will learn about the different hydrotherapy techniques, as well as when, how and why to use them.

Hydrotherapy

- History hydrotherapy
- Hydrotherapeutic techniques

115,00\$